

Waltham Pre-School

Allergen List 2023/24

Product	Allergen
Heinz salad cream	Mustard, egg
Asda free from long life soya milk	Soya
Alpro oat original	Oats
paxo golden breadcrumbs	Wheat, flour
Asda Tikka Masala	Barley
The Original Oaty Custard	
Whitworths semolina	Wheat
Asda lemon juice	Potassium metabisulphite
Whitworths ground rice	gluten
Vegetable oxo cubes	Wheat, celery, barley
Knorr chicken cube	Celery
Asda beef stock cubes	Celery
Asda Chicken stock cube	Egg & celeriac
Golden Fry chicken gravy	Wheat & soya
Asda vegetable stock cubes	Celeriac
Asda Tomato Ketchup	Celery
Bisto gravy granules	Wheat, barley, soya
Bisto chicken gravy granules	Wheat, barley, milk, soya
Asda vegetable gravy granules	Wheat, barley, soya, celery
Asda self-raising flour	Wheat

Asda lasagne sheets	Wheat
TRS Ground Rice	Peanuts, other nuts, sesame seeds, gluten dairy, celery, soya
Garlic Puree	Potassium metabisulphite
Tomato Puree	None

Asda plain flour	Wheat
Asda fusilli	Wheat
Asda farfalle	Wheat
Asda macaroni	Wheat

Asda Mild curry powder	None
Asda semi skinned milk	Dairy
Asda brilliantly buttery	Buttermilk
Asda grated mature cheddar	Milk

Asda mature cheddar	Milk
Asda free from mature cheddar alternative	Oats
Alpro yogurts	Soya
Asda free from yogurts	Soya
Asda smart price yogurts	Milk
Celery	Celery
Asda muffins	Wheat, milk, soya
Frozen quorn fillets	Egg
Frozen quorn sausages	Egg, wheat, barley

Frozen quorn mince	Egg & barley
Frozen quorn pieces	Egg
Tinned tuna chunks in brine	Fish
Asda multigrain hoops	Wholegrain, wheat, barley, wheat starch, oats
Nestle cheerios	Oat, wheat, barley, NUTS

Asda rice snaps	Malted barley extract
Asda wheat bisks	Whole wheat, malted barley extract
Kingsmill 50/50	Wheat, soya
Asda spaghetti loops	Wheat
Asda cream of tomato soup	Milk
Heinz Seriously Good Mayonnaise	Egg and Mustard
Heinz tomato ketchup	Celery
Asda breadsticks	wheat, barley
Asda mini white pitta	Wheat
Asda white & wheat wraps	wheat
Heinz cream of tomato soup	Milk

Asda Malted Wheaties	Whole wheat, malted barley extract
The original Oatley	Oats
Ready Brek	Oat, milk, wheat, barley & rye
Asda tomato ketchup	Celery
Cheese sauce	Wheat, milk, barley & soya
Asda cream crackers	Wheat

Asda wraps	Wheat
Asda salad cream	Egg & mustard
Bake at Home Baguettes	Wheat
Cous Cous	Wheat
Egg Noodles	Egg Wheat
Dark Soy	Soya Beans and Wheat
White Wine Vinegar	Metabisulphite
Asda Plant Based Meatballs	Soya, Barley
Asda Garlic Baguette	Wheat
Grissini Breadsticks	Wheat
Asda Classic Breadsticks	Wheat and Barley
Free From Gluten Plain Flour	
Free From Gluten Self Raising Flour	
Free From Gluten Penne	
Free From Gluten Lasagne Sheets	
Free From Gluten and Dairy Gravy Granules for Beef	
Free From Gluten and Dairy Gravy Granules for Chicken	
Free From Dairy and Gluten Garlic Bread	
KOKO Yoghurts Dairy and Soya Free	
Free From Soft Cheese Alternative – Gluten and Dairy Free	
Free From Mature Cheddar Alternative, Gluten, Dairy and Soya Free	