



Waltham Pre-School

Nappy Changing and Intimate Care Policy

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children can learn with the full support and non-judgemental concern of adults.

Procedures

- Changing areas are warm with safe areas to lay children.
- Each child brings their own nappies and wipes. If there aren't sufficient, parents will be called to provide more as needed.
- Gloves are put on by staff before changing starts and the areas are prepared.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, staff ensure that nappy changing is relaxed and a time to promote independence in young children.
- Children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- Children are encouraged to wash their hands and have soap and towels to hand.
- Older children access the toilet when they have the need to and are encouraged to be independent. If they need any support or help cleaning themselves up, then staff will follow the same procedures as nappy changing with regards to safeguarding themselves and clearing up bodily fluids.
- Nappies and pull ups are disposed of hygienically. Any soil (faeces) in nappies or pull ups is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for the parent to take home.

Waltham Pre-School will use a range of strategies to support positive nappy change or toileting experience, including:

- Allow children to take their time.
- Responding to children's cues allowing them to be active participants in the process.
- Be sensitive to the child's individual needs and styles.
- Speak respectfully to the children about what staff are doing.
- Being alert to signs that a child is uncomfortable.
- Being sensitive to any signs or communication that the child indicates their need for the toilet.
- Responding as quickly as possible when a child indicates they need the toilet.
- Discuss routines and preferred schedules with child's parent/carer.

Nappies are checked and changed regularly throughout the day by an allocated member of staff. Each nappy change is recorded in the nappy log that is located in the changing room.

Parents/carers are required to supply sufficient nappies and wipes for the session.

If you feel that your child is showing signs of readiness for toilet training, please raise the matter with your child's keyperson who will be more than happy to discuss and support this key area of development.

We work closely with parents to support individual needs with toilet training. We do however ask that, unless your child is actively potty training, they do not wear pullups for pre-school. This is for a number of reasons;

- Your child should be able to pull up and down their trousers/leggings/tights with a small amount of support
- Pull-ups are only designed to hold a small amount of wee / poo which if overloaded, can result in little legs getting sore
- Your child needs to be aware of their bowel and bladder movements to show that they are ready to start being independent in using pull ups
- We are here to support this exciting milestone and if you feel that your child is more than ready, we suggest moving on to wearing pants.