

## Waltham Pre-School Hot Lunches Spring/Summer Term 2025

(Subject to possible changes depending on suppliers)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Quorn Chilli and Rice	Beef Stew, mashed potato and seasonal vegetables	Chicken Chow Mein	Fish Pie with seasonal vegetables	Pasta Carbonara with seasonal vegetables
Desert	Fromage Frais	Shortbread Cookies	Fresh fruit selection	School Cake	Fromage Frais
	Tea	Tea	Tea	Tea	Tea
Nursery	Cheesy Vegetable Bake with Roast Potato's	Homemade vegetable soup	Crustless Quiche, new potato's and sweetcorn	Jacket Potato with Beans	Dairytea sandwiches with vegetable sticks
Room 1 & 2	Cream Cheese Bagels with salad sticks	Cream of Tomato soup with fresh baked baguette	Tuna or Cheese wraps with salad sticks	Jacket Potato with Beans	Dairytea sandwiches with vegetable sticks
Primary OOSC	Cream Cheese Bagels with salad sticks	Cream of Tomato soup with fresh baked baguette	Tuna or Cheese wraps with salad sticks	Jacket Potato with Beans	Dairytea sandwiches with vegetable sticks
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Mac 'n' Cheese with seasonal vegetables	Homemade Pizza with corn on cob and carrot sticks	Beef Enchiladas with Mexican Rice	Veggie meatballs with Pasta & Garlic Bread	Roast Chicken Dinner, mashed sweet potato and seasonal vegetables
Desert	Fresh Fruit selection	Rice Pudding	Fromage Frais	Oat & Raisin cookies	Jam Sponge and custard
	Tea	Tea	Tea	Tea	Tea
Nursery	Spaghetti hoops on toast	Tomato and roasted veg sauce and pasta	Homemade Potato and leek soup	Baked Beans on crumpets	Jacket Potato with tuna or grated cheese
Room 1 & 2	Ham Sandwiches with salad sticks	Tomato and roasted veg sauce and pasta	Cream of tomato soup with fresh baked baguette	Spaghetti hoops on toast	Jacket Potato with tuna or grated cheese
Primary OOSC	Ham Sandwiches with salad sticks	Tomato and roasted veg sauce and pasta	Cream of tomato soup with fresh baked baguette	Spaghetti hoops on toast	Jacket Potato with Tuna or grated cheese
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Lemon Chicken, roasted potatoes and seasonal vegetables	Tuna Pasta Bake with corn on the cob	Shepherd's Pie with seasonal vegetables	Vegetable Korma with rice	Sausage Ragù with roasted vegetable cous cous
Desert	Semolina with fruit compote	Fresh fruit selection	Lemon Muffins	Fromage frais	Fresh Fruit selection
	Tea	Tea	Tea	Tea	Tea
Nursery	Cheesy Pitta pockets with Salad Sticks	Beans on toast	Ham sandwiches with vegetable sticks	Pizza Muffins with salad and vegetable sticks	Homemade roasted sweet potato and red pepper soup
Room 1 & 2	Cheesy Pitta pockets with Salad Sticks	Beans on toast	Cheesy Pasta	Pizza Muffins with salad and vegetable sticks	Cream of tomato soup with fresh baked baguette
Primary OOSC	Cheesy Pitta pockets with Salad Sticks	Beans on toast	Cheesy Pasta	Pizza Muffins with salad and vegetable sticks	Cream of tomato soup with fresh baked baguette